

# Kimochis®

## Full Day Educators & Professionals Workshop

**Tuesday 6 August 2024**  
8:40am for 9:00am - 4:00pm

**Saint Kilda Beach Hotel**  
35-37 Fitzroy Street, St Kilda VIC

**\$260 (Inc GST) Per Participant**  
Morning Tea, Lunch, and Afternoon Provided



**Facilitated By**  
**Michael Edgecomb**  
Endorsed Kimochis® Trainer



**doing life together**  
INNOVATION & CONSULTING

## About The Day

Participate in an INNOVATIVE, FUN, and PRACTICAL workshop! Engage children in fun, active and developmentally appropriate learning using the Kimochis® characters and Feeling pillows to foster social-emotional development.

The Kimochis® Curriculum is designed to give children the knowledge, skills, and attitudes they need to recognise and manage their emotions, demonstrate caring and concern for others, establish positive relationships, make responsible decisions, and handle challenging situations constructively. These skills have been identified by leading researchers in the field of social and emotional learning as necessary for school success, academic achievement, positive social relationships, and the development of emotional competence.

We'll start by taking an adventure behind the scenes into the world of neuroscience, psychology and emotion coaching to give a greater understanding of what takes place in a child's development, to see how and why these tools work. From there, it's a day of practical tips, tools, laughs, and fun as we explore what Kimochis® can offer in your setting on a day to day basis.



### Michael Edgecomb

Michael is a very passionate person; whose strengths lie in working with people. He is especially passionate about children and young people and helping them reach their full potential in life. He sees each individual as a unique and wonderful part of the human story.

Michael travels around Australia facilitating practical and engaging professional development sessions for educators and other professionals in topics including emotion coaching, trauma-informed practice, child development, self-care and wellbeing, community development, and Kimochis®. He has significant experience in supporting children and young people from birth all the way through to adulthood.

He is also involved in providing backbone support to multiple place-based social change initiatives in both regional and metropolitan contexts. No matter what he is doing, the message is clear, every human being has inherent worth and value, and only through discovering and encouraging that, do we start to see what's possible.

Michael has held various senior leadership roles, where he has been responsible for pioneering and developing sustainable new models, to enable schools and communities to best support their children and young people. He was the lead developer of The Wellbeing Classroom framework for developing community-based wellbeing in classrooms, which was assessed as a promising program by Child Family Community Australia through the Australian Institute of Family Studies.

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